

Terms and Conditions for Happily ever Mind Services

1. General

Welcome to Happily ever Mind. By accessing and using our services, you agree to the following terms and conditions. Please read them carefully before proceeding.

2. Services Provided

- Happily ever Mind offers personalized nutrition plans and consultations tailored to individual needs.
- All recommendations are based on the information provided by the client during consultations and questionnaires. Accuracy of the provided information is the client's responsibility.

3. Disclaimer

- The information provided by Happily ever Mind is not intended to replace medical advice or treatment.
- Results may vary based on individual effort, adherence and unique health factors, the results also cannot be guaranteed.
- By engaging in the services, clients acknowledge that they understand these terms and accept that no specific outcomes are guaranteed.

4. Payment Terms

- Payment for services must be made in full before the initial consultation or any packages commence.
- Payments are non-refundable unless otherwise stated in our cancellation policy.

5. Cancellation and Rescheduling Policy

- Clients may reschedule appointments with at least 24 hours' notice. Failure to do so may result in a forfeited session.
- Cancellations made less than 24 hours before the appointment are subject to full charge.

6. Commencement of Longer Programs

- For any multi-session or long-term programs (e.g., 3-month packages), the program officially begins when the personalized meal plan is sent to the client. From that date, the program duration will be calculated, and all included sessions must be used within the agreed timeframe.

7. Session Expiry & Scheduling

- Clients are responsible for scheduling their follow-up sessions within the program duration. Unused sessions may not be carried over beyond the program period unless agreed upon in writing.

No Extensions or Refunds

- Once the program has commenced, no extensions, pauses, or refunds will be provided unless exceptional circumstances arise, which will be considered at my discretion.

8. Confidentiality

- Happily ever Mind will handle all personal information in compliance with data protection laws, including GDPR.
- Information shared during consultations will remain confidential and will not be disclosed to third parties without consent, except as required by law.

9. Client Responsibilities

- Clients must provide accurate and complete health information.
- Clients are responsible for adhering to the nutrition plans and guidance provided.
- Any changes in health or medications must be promptly communicated to Happily ever Mind.

10. Limitation of Liability

- Happily ever Mind is not liable for any adverse reactions or consequences resulting from the application of dietary recommendations.
- Clients assume all responsibility for following the advice provided.

11. Intellectual Property

- All materials, plans, and resources provided by Happily ever Mind are for personal use only and cannot be reproduced, distributed, or shared without written permission.

12. Governing Law

- These terms and conditions are governed by the laws of Ireland.

13. Amendments

- Happily ever Mind reserves the right to amend these terms and conditions at any time. Clients will be notified of significant changes.

14. Agreement

- By using Happily ever Mind services, clients acknowledge and agree to these terms and conditions.

Contact Information: For any queries or concerns, please contact us at happilyevermind@gmail.com